

GRACE-FILLED COMMUNICATION

Colossians 4:6 — “Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.”

1. START WITH GRACE

Before you speak, ask:

1. Am I speaking to this person the way **Jesus speaks to me**?
2. Is my goal to **build up**, not win?
3. Is this the **right tone, right time, right posture**?

2. SEASON YOUR WORDS

Words are never neutral they bring **life or harm** (Prov. 18:21).

Grace-filled words: kind, truthful, timely, intentional

Unseasoned words: rushed, reactive, harsh, defensive

Pause & adjust when needed.

3. KNOW YOUR STYLE (DISC)

Personality is the God-given way we naturally think, communicate, and respond.

- D – Dominant** (Task / External) - Needs clarity, brevity, autonomy
- I – Influential** (People / External) - Needs encouragement, connection, enthusiasm
- S – Steady** (People / Internal) - Needs patience, reassurance, time
- C – Conscientious** (Task / Internal) - Needs details, logic, space to process

4. HOW I SHOW UP

When my needs are met, I tend to be:

When my needs are unmet, I may:

5. EXTEND GRACE TO OTHERS

Person I interact with often: _____

Their likely DISC style: D I S C

One way I will adjust my communication this week:

6. THIS WEEK'S COMMITMENT

I will let grace guide my communication by:

Prayer: Lord, help my words reflect Your grace and truth. Teach me how to answer everyone with wisdom and love. Amen.

Next Step: Discover more about how God uniquely designed you in **Discover Your Design**.