

GRACE-FILLED COMMUNICATION

Group Discussion Guide

Purpose: To help your group practice grace-filled communication by applying Colossians 4:6 and DISC personality awareness in real life.

Scripture Focus: Colossians 4:6, Ephesians 4:29, Proverbs 18:21

OPENING

Icebreaker Question: - When you hear the word *communication*, what's the first word that comes to mind?

Read Together: Colossians 4:6

Leader Prompt: Grace-filled communication isn't just about *what* we say, but *how*, *when*, and *to whom* we say it.

PART 1: GRACE AS THE FOUNDATION

Discussion Questions:

1. Why do you think communication breaks down so easily, even with good intentions?
2. The message asked: "*Am I speaking to others the way Jesus speaks to me?*"
- How does that question raise the standard for how we communicate?
3. Where do you find it hardest to lead with grace? Is it at home, work, church, or friendships?

Scripture Tie-In: - How does Ephesians 4:29 shape the words we choose?

PART 2: WORDS THAT BRING LIFE

Read Together: Proverbs 18:21

Discussion Questions:

1. Have you ever seen words bring life into a situation? What happened?
2. How can tone and timing change the impact of the same words?

3. Why do you think Paul says our words should be “seasoned with salt”?

Group Reflection: - What does “seasoning” your words with grace look like practically?

PART 3: KNOWING HOW TO ANSWER EVERYONE (DISC)

Leader Summary: DISC helps us understand how God wired people differently so we can extend grace in ways others can receive it.

DISC Overview:

D – Clear, direct, results-focused (External Processor, Task)

I – Encouraging, relational, enthusiastic (External Processor, People)

S – Patient, reassuring, steady (Internal Processor, People)

C – Thoughtful, detailed, precise (Internal Processor, Task)

Discussion Questions:

1. Which DISC style do you most identify with and why?
2. Which style do you find hardest to communicate with?

PART 4: GRACE FOR EACH STYLE

Group Activity: Have each person answer one of the following:

1. What helps you feel heard and understood?
2. What shuts you down quickly in conversation?

Discussion Question:

How would our relationships change if we adjusted our communication instead of expecting others to change first?

PART 5: APPLICATION & PRAYER

Application Questions:

1. Who is one person God may be asking you to communicate with differently this week?
2. What is one specific adjustment you can make to lead with grace?

Prayer Time: Pray Colossians 4:6 over your group. Ask God to help you speak with grace, wisdom, and love.

Leader Tip:

Remind the group DISC is not a label, it's a language. Grace grows when understanding grows.

If your group has not attended DISCOVER YOUR DESIGN make a plan right now to attend and register together.